

KESA

1. KESAUCHI 1
2. KESAUCHI 2
3. MAKIOTOSHI 1 & 2
4. KAETE UCHIOTOSHI
5. JUNTE UCHIOTOSHI
6. KAESHI UCHIOTOSHI 1 & 2
7. KAITEN UCHIOTOSHI 1
8. KAITEN UCHIOTOSHI 2
9. OTOSHIZUKI 1
10. OTOSHIZUKI 2
11. OTOSHIZUKI 3
12. OTOSHIZUKI 4

TSUKI

1. CHOKUZUKI
2. KAESHIZUKI
3. HARAIZUKI
4. MAKIOTOSHI
5. KAESHI UCHIOTOSHI 1
6. KAESHI UCHIOTOSHI 2
7. MAKI UCHIOTOSHI 1 & 2
8. KESAUCHI (JODAN, CHUDAN, GEDAN)
9. OTOSHIZUKI 1
10. OTOSHIZUKI 2
11. KAITEN UCHIOTOSHI 1 & 2
12. KATATEUCHI

SHOMEN

1. NAGASHIUCHI
2. KAESHI HARAI UCHIOTOSHI
3. KAESHIZUKI
4. MAKIOTOSHI 1
5. MAKIOTOSHI 2
6. JUMONJI SURIOTOSHI 1
7. JUMONJI SURIOTOSHI 2
8. OTOSHIZUKI 1
9. OTOSHIZUKI 2
10. OTOSHIZUKI 3
11. KAITEN UCHIOTOSHI 1 & 2
12. KESAUCHI (JODAN, CHUDAN, GEDAN)